

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

**PrFUCITHALMIC®**

Fusidic acid

1% Viscous Eye Drops

**THERAPEUTIC CLASSIFICATION**

Topical Ophthalmic Antibiotic  
S01AA13

Amdipharm Limited  
Temple Chamber, 3 Burlington Road,  
Dublin, Dublin 4, Ireland

Date of Revision:  
October 29, 2019

Distributed by: Methapharm Inc.  
Brantford, Ontario, N3S 7X6

Control No.: 230255

Variation No.: 04

Amdipharm is licensed to use the registered trademark FUCITHALMIC®

## Table of Contents

PART I: HEALTH PROFESSIONAL INFORMATION .....	4
1. INDICATIONS .....	4
1.1 Pediatrics.....	4
1.2 Geriatrics.....	4
2. CONTRAINDICATIONS.....	4
4. DOSAGE AND ADMINISTRATION .....	4
4.2 Recommended Dose and Dosage Adjustment .....	4
4.5 Missed dose.....	4
5. OVERDOSAGE .....	5
6. DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING .....	5
7. DESCRIPTION.....	5
8. WARNINGS AND PRECAUTIONS .....	5
8.1 Special Populations.....	6
8.1.1 Pregnant Women:.....	6
8.1.2 Breast Feeding.....	6
8.1.3 Paediatric Use .....	6
Use in Neonates: .....	6
8.1.4 Geriatrics.....	6
9. ADVERSE REACTIONS.....	7
9.2 Clinical Trial Adverse Reactions .....	7
10. Drug Interactions.....	7
11. ACTION AND CLINICAL PHARMACOLOGY .....	7
11.1 Mechanism of Action.....	7
11.2 Pharmacodynamics .....	7
11.3 Pharmacokinetics .....	7
12. STORAGE, STABILITY AND DISPOSAL .....	8
13. SPECIAL HANDLING INSTRUCTIONS.....	8
PART II: SCIENTIFIC INFORMATION.....	9
14. PHARMACEUTICAL INFORMATION .....	9
15. CLINICAL TRIALS .....	9
Clinical Studies.....	9
16. MICROBIOLOGY .....	10
In Vitro Studies.....	10
Resistance to Fusidic Acid.....	12
17. NON-CLINICAL TOXICOLOGY .....	14
Acute Toxicity.....	14
Subacute Toxicity .....	14

Chronic Toxicity .....	15
Fertility and Reproduction Studies .....	16
Teratology Studies .....	16
Clastogenicity Studies.....	17
Eye Tolerance Studies.....	17
<b>PART III: PATIENT MEDICATION INFORMATION .....</b>	<b>18</b>
What is FUCITHALMIC used for? .....	18
FUCITHALMIC is used in adults and children (2 years of age and older) to treat eye infections.....	18
How does FUCITHALMIC work? .....	18
What are the ingredients in FUCITHALMIC? .....	18
FUCITHALMIC comes in the following dosage forms: .....	18
Viscous eye drops; 1 %.....	18
Do not use FUCITHALMIC if:.....	18
How to take FUCITHALMIC:.....	19
Usual dose:.....	19
How to use FUCITHALMIC? .....	20
Overdose: .....	20
If you think you have used too much FUCITHALMIC, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms. ....	20
Missed Dose:.....	20
What are possible side effects from using FUCITHALMIC?.....	20
Storage: .....	21
If you want more information about FUCITHALMIC: .....	21

## **PART I: HEALTH PROFESSIONAL INFORMATION**

### **1. INDICATIONS**

FUCITHALMIC 1% Viscous Eye Drops (fusidic acid) is indicated for the treatment of superficial infections of the eye and its adnexa (ie., conjunctivitis) caused by fusidic acid susceptible strains of the designated bacteria in adults and children ( $\geq 2$  years of age): Staphylococcus aureus, Streptococcus pneumoniae and Haemophilus influenzae.

Enterobacteriaceae and Pseudomonas are resistant to fusidic acid.

There are currently no NCCLS approved standards for testing in vitro susceptibility of conjunctival isolates toward topical ophthalmic antibiotics, including fusidic acid.

To reduce the development of drug-resistant bacteria and maintain the effectiveness of FUCITHALMIC and other antibacterial drugs, FUCITHALMIC should be used only to treat infections that are proven or strongly suspected to be caused by susceptible bacteria.

#### **1.1 Pediatrics**

**Pediatrics ( $\geq 2$  years of age):** Based on the data submitted and reviewed by Health Canada, the safety and efficacy of FUCITHALMIC 1% Viscous Eye Drops (fusidic acid) in pediatric patients has been established; therefore, Health Canada has authorized an indication for pediatric use.

<See 1 INDICATIONS >

#### **1.2 Geriatrics**

**Geriatrics (>65 years old):** No data are available to Health Canada; therefore, Health Canada has not authorized an indication for geriatric use.

### **2. CONTRAINDICATIONS**

FUCITHALMIC 1% Viscous Eye Drops (fusidic acid) (multi-dose preserved preparation is contraindicated in patients with hypersensitivity to fusidic acid or any of the other components of the preparations. For a complete listing, see Dosage Forms, Strengths, Composition and Packaging. The component benzalkonium chloride in the preserved preparation can be allergenic.

### **4. DOSAGE AND ADMINISTRATION**

#### **4.2 Recommended Dose and Dosage Adjustment**

Adults and children ( $\geq 2$  years): Instill 1 drop of FUCITHALMIC Viscous Drops (fusidic acid) into the conjunctival sac of both eyes every 12 hours (ie., twice daily application) for 7 days.

If clinical resolution has not been achieved after 7 days of treatment, the patient should be re-evaluated

#### **4.5 Missed dose**

If you forget to use FUCITHALMIC 1% Viscous Drops (fusidic acid) at the right time, use it as soon

as you remember. Then continue as before.

## **5. OVERDOSAGE**

Symptoms and treatment of overdose

There is no experience with overdose of FUCITHALMIC 1% Viscous Drops (fusidic acid).

## **6. DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING**

**Table 1: Dosage Forms, Strengths, Composition and Packaging**

<b>Route of Administration</b>	<b>Dosage Form / Strength/Composition</b>	<b>Non-medicinal Ingredients</b>
Ophthalmic	Eye drops Fusidic acid (anhydrous) 10 mg/g	<b>Preservative:</b> benzalkonium chloride 0.11 mg/g <b>Other Ingredients:</b> carbomer 5 mg/g disodium edetate 0.5 mg/g mannitol 50 mg/g sodium hydroxide (to adjust pH)as necessary water q.s. to 1 mL

## **7. DESCRIPTION**

FUCITHALMIC Viscous Drops (fusidic acid) is available as:

FUCITHALMIC Viscous Eye Drops, a preserved formulation in 5 g multi-dose tubes.

FUCITHALMIC Viscous Eye Drops are an aqueous suspension of fusidic acid in a sterile viscous eye drop formulation. FUCITHALMIC in 5 g multi-dose tubes contain the preservative benzalkonium chloride.

## **8. WARNINGS AND PRECAUTIONS**

FUCITHALMIC Viscous Eye Drops (fusidic acid) are not for injection into the eye.

### **Susceptibility /Resistance**

#### **Development of Drug Resistant Bacteria**

Prescribing FUCITHALMIC in the absence of a proven or strongly suspected bacterial infection is unlikely to provide benefit to the patient and risks the development of drug-resistant bacteria.

#### **Potential for Microbial Overgrowth:**

Prolonged use of antibacterials such as FUCITHALMIC may result in overgrowth of non-susceptible organisms, including fungi. If superinfection occurs, treatment should be discontinued and appropriate therapy should be initiated.

Prescribing FUCITHALMIC in the absence of a proven or strongly suspected bacterial infection is unlikely to provide benefit to the patient and risks the development of drug-resistant bacteria.

Whenever clinical judgement dictates, the patient should be examined with the aid of magnification,

such as slit lamp biomicroscopy and, where appropriate, fluorescein staining.

Contact lenses (hard or soft) should not be worn during treatment with FUCITHALMIC. Wearing contact lenses concomitant with an infection could cause eye damage. Treatment with FUCITHALMIC while wearing contact lenses has not been studied in clinical trials. In addition, the preservative benzalkonium chloride in FUCITHALMIC multidose vials may deposit in contact lenses.

Patient should be advised to avoid contaminating the tip of the FUCITHALMIC multi-dose tube through contact with the eye, eyelid or any other objects during administration.

### **Skin**

If irritation (other than transient stinging upon administration) or sensitization to any of the components of FUCITHALMIC develops, then treatment should be discontinued

## **8.1 Special Populations**

### **8.1.1 Pregnant Women:**

There are no adequate and well controlled studies in pregnant women. Therefore, the use of FUCITHALMIC in pregnancy requires that the benefits be weighed against the potential risks to the foetus. Fusidic acid has been shown to penetrate the placental barrier of humans following systemic administration. Animal studies have not demonstrated teratogenicity with fusidic acid.

### **8.1.2 Breast Feeding**

Following systemic administration of fusidic acid, the drug has been detected in the milk of nursing mothers. The use of FUCITHALMIC while nursing requires that the benefits be weighed against the potential risks to the nursing infant.

### **8.1.3 Paediatric Use**

Quantitative bacteriology studies have not been conducted in children <2 years of age and thus the efficacy of FUCITHALMIC has not been established. The incidence and spectrum of adverse reactions in children <2 years is similar to children  $\geq$ 2 years of age.

### **Use in Neonates:**

FUCITHALMIC should not be used in the treatment of neonatal conjunctivitis. The etiology of bacterial conjunctivitis in neonates can be different as compared to adults and children. FUCITHALMIC has inadequate antibiotic activity toward pathogens associated with neonatal conjunctivitis (eg., Chlamydia, Pseudomonas, Neisseria gonorrhoea, Coliforms etc.). Treatment of neonates should not be empirical but instead based on a diagnosis of conjunctivitis established following culture of conjunctival samples.

### **8.1.4 Geriatrics**

**Geriatrics (>65 years old) :** No data are available to Health Canada; therefore, Health Canada has not authorized an indication for geriatric use.

## **9. ADVERSE REACTIONS**

### **9.2 Clinical Trial Adverse Reactions**

Adverse drug reactions (events deemed possibly or probably related to FUCITHALMIC Viscous Drops (fusidic acid)) were reported for 6.4% of clinical trial patients (n=1214 patients studied) with 1.1% requiring discontinuation of treatment. The most frequent reaction was transient stinging or irritation upon administration (3.4% of patients). Severity was usually mild and discontinuation of therapy was not required.

In clinical trials, adverse drug reactions reported for <1% of patients include transient burning sensation and/or tearing, eye soreness, eyelid edema, eyelid stickiness, temporary blurring of vision immediately after administration, headache, and worsening of conjunctivitis. Reactions reported by ≤0.1% of patients include: localized allergic reaction, cobblestone appearance of the conjunctival sulcus, eyelid abscess, eye pain, tired eyes, skin rash, urticaria, oral candidiasis, chest infection, tonsillitis, enuresis, loss of appetite, and vomiting.

Hypersensitivity reactions to FUCITHALMIC are reported rarely and have been characterized by urticaria (localized or generalized). Cross-hypersensitivity between fusidic acid and other antibiotics has not been reported.

### **10. Drug Interactions**

There is no clinical trial experience of concomitant use of FUCITHALMIC with other ophthalmic preparations

## **11. ACTION AND CLINICAL PHARMACOLOGY**

### **11.1 Mechanism of Action**

FUCITHALMIC Viscous Eye Drops contain the antibiotic fusidic acid. The antibacterial action of fusidic acid results from the inhibition of bacterial protein synthesis. Fusidic acid interferes with amino acid transfer from aminoacyl-tRNA to protein on the ribosomes. Fusidic acid may be bacteriostatic or bactericidal depending on inoculum size. Although bacterial cells stop dividing almost within two minutes after contact with the antibiotic *in vitro*, DNA and RNA synthesis continue for 45 minutes and 1-2 hours, respectively. Fusidic acid has a steroid like structure but does not exhibit any steroid like pharmacological activity (ie. hormonal or anti-inflammatory effects).

### **11.2 Pharmacodynamics**

(see MICROBIOLOGY)

Pharmacotherapeutic group: Topical Ophthalmic Antibiotic

### **11.3 Pharmacokinetics**

FUCITHALMIC is a 1% microcrystalline suspension of fusidic acid in a carbomer gel. The sustained release formulation of FUCITHALMIC provides prolonged contact with the eye. Pharmacokinetic studies in humans demonstrated that 1 hour following administration of a single

drop of FUCITHALMIC into the fornix of the eye, fusidic acid concentrations in lacrimal fluid ranged between 15.7 to 40 mcg/mL. Fusidic acid concentrations ranged between 1.4 to 5.6 mcg/mL 12 hours after administration. Median antibiotic levels of 0.3 mcg/mL are maintained for 12 hours in aqueous humour. Since high ocular concentrations of fusidic acid are achieved after topical application of FUCITHALMIC, standardized susceptibility tests may not be appropriate to predict clinical effectiveness,

## **12. STORAGE, STABILITY AND DISPOSAL**

FUCITHALMIC multi-dose tubes should be discarded 28 days after first opening the tube. Store at 2-25°C.

*Others:*

Keep this and all medications out of reach and sight of children.

## **13. SPECIAL HANDLING INSTRUCTIONS**

There are no special handling instructions.

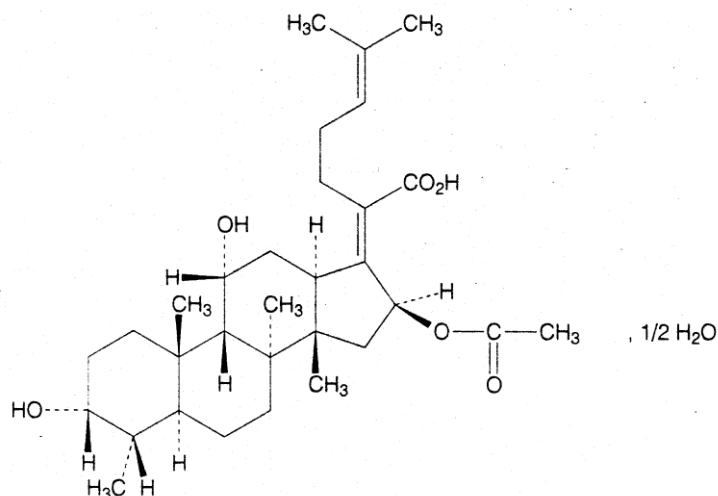


## PART II: SCIENTIFIC INFORMATION

### 14. PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper Name: Fusidic Acid Hemihydrate  
Chemical Name: *ent*-(17*Z*)-16 $\alpha$ -(Acetyloxy)-3 $\beta$ ,11 $\beta$ -dihydroxy-4 $\beta$ ,8,14-trimethyl-18-nor-5 $\beta$ ,10 $\alpha$ -cholesta-17(20),24-dien-21-oic acid hemihydrate  
Molecular Formula: C<sub>31</sub>H<sub>48</sub>O<sub>6</sub>, 1/2 H<sub>2</sub>O  
Molecular Weight: 525.7  
Structural Formula:



Description: A white or almost white crystalline powder.  
Solubility: Insoluble in water. Freely soluble in alcohol or chloroform.

### 15. CLINICAL TRIALS

#### Clinical Studies

Administration of a single drop of FUCITHALMIC to human volunteers resulted in fusidic acid concentrations 15-40 mcg/mL in lacrimal fluid 1 hour after administration and 1.4-5.6 mcg/mL 12 hours after administration.

Intraocular penetration studies in patients undergoing cataract extraction show that fusidic acid passes the corneal aqueous barrier. In patients (n=12) administered a single drop of FUCITHALMIC

1-5 hours prior to surgery, fusidic acid concentrations were 0.14-2.2 mcg/mL in the anterior chamber fluid. In patients (n=20) administered 1 drop of FUCITHALMIC 1, 5, or 12 hours prior to surgery, median fusidic acid concentrations were 0.3 mcg/mL. Repeated administration (ie., 2 or 5 dose occasions) resulted in a median fusidic acid concentration of 0.76 mcg/mL.

## **16. MICROBIOLOGY**

The microbiological activity of FUCITHALMIC Viscous Eye Drops (fusidic acid) is attributed to fusidic acid.

### **In Vitro Studies**

Fusidic acid is a narrow-spectrum antibiotic. Fusidic acid has potent antibacterial activity toward Gram-positive bacteria and Neisseria species. Fusidic acid is most notable for its activity against Staphylococci, whether coagulase-positive or negative, and regardless of resistance to methicillin and related penicillins. Fusidic acid is active against Haemophilus sp. but has almost no antibacterial activity against other Gram-negative organisms such as E. Coli, Proteus, Klebsiella and Salmonella. Fungi are also insensitive to fusidic acid. The efficacy of fusidic acid against different microorganisms is outlined in Table 2.

Microorganisms associated with conjunctivitis that are sensitive to fusidic acid include Staphylococcus aureus, Streptococcus pneumoniae and Haemophilus influenzae. There is no data on the clinical effectiveness of fusidic acid toward Chlamydia trachomatis. The *in vitro* susceptibility of a range of Canadian clinical isolates associated with conjunctivitis is illustrated in Table 3.

*In vitro* sensitivity to fusidic acid in relation to systemic antibiotic treatment is generally determined by the Kirby-Bauer disc diffusion methods using discs containing 10 mcg sodium fusidate. Sensitivity of *Staph. aureus* to fusidic acid has typically been interpreted as a growth inhibition zone equal to or greater than 20 mm diameter which corresponds to a minimum inhibitory concentration (MIC) of 2 mcg/mL or less. Resistant organisms are generally defined as having a growth inhibition zone equal to or less than 19 mm diameter (MIC > 2 mcg/mL). Human pharmacokinetic studies have shown that lacrimal fluid concentrations of fusidic acid are in the range of 15.7-40 mcg/mL 1 hour after administration of a single drop of FUCITHALMIC and 1.4-5.5 mcg/mL 12 hours after administration. Since high lacrimal fluid concentrations of fusidic acid are achieved after topical application of FUCITHALMIC, standardized susceptibility tests may not be appropriate to predict clinical effectiveness. There are currently no NCCLS approved standards for testing *in vitro* susceptibility of conjunctival isolates toward topical antibiotics, including fusidic acid.

**Table 2. Antimicrobial Spectrum of Fusidic Acid**

<b>Microorganisms</b>	<b>MIC90%*</b>	<b>MIC-range*</b>	<b>MBC-range*</b>
<b><i>Gram-positive</i></b>			
Staph. aureus (methicillin-susceptible)	0.06	0.007-0.195	0.097-25.0
Staph. aureus (methicillin-resistant)	0.12	0.015-8.0	0.040-12.5
Staph. epi. (methicillin-susceptible)	0.25	0.024-8.0	0.024-12.5
Staph. epi. (methicillin-resistant)	0.50	0.03≥32	ND
Corynebacterium diphtheriae	0.0044 (a)	ND	ND
Clostridium tetani	0.05 (a)	ND	ND
Clostridium perfringens	0.5	0.06- 1.0	ND
Propionibacterium acnes	1.0	≤0.06- 2.0	ND
Other Corynebacterium spp.	2.0	≤0.04- 12.5	ND
Clostridium difficile	2.0	≤0.25- 64	ND
Other Clostridium spp.	≤1.0	≤0.06- 1.0	ND
Staphylococcus saprophyticus	3.12	0.048-6.25	0.097-12.5
Streptococcus faecalis	6.25	1.56- 6.25	1.56 -50.0
Streptococcus pyogenes	12.5	<1.6 - 50	ND
Streptococcus pneumoniae	25.0	<0.25->64	ND
JK diphteroids	32.0		
<b><i>Gram-negative</i></b>			
Neisseria meningitidis	0.12	0.015- 0.5	ND
Legionella pneumophila	≤0.25 (a)	ND	ND
Neisseria gonorrhoeae	1.0	≤0.03- 8.0	ND
Bacteroides fragilis	2.0	0.5- 4.0	ND
Other Bacteroides spp.	≤2.0	≤0.06- 8.0	ND
<b><i>Others</i></b>			
Mycoplasma spp.	≤0.8 (a)	ND	ND
Mycobacterium tuberculosis	3.0 (a)	ND	ND
Nocardia asteroides	16.0	≤0.5 - 32.0	ND
Other Nocardia spp.	32.0	≤0.5 - >32.0	ND
<b><u>RESISTANT</u></b>			
<b><i>Other Gram-Negative</i></b>			
E. coli, Pseudomonas, Klebsiella, Proteus, Salmonella, Shigella, Pasteurella			

\*mcg/mL (a) MIC-value ND - No data

**Table 3. Fusidic Acid Sensitivity for Conjunctival Isolates - Canadian data**

Organism	No. of Isolates	MIC <sub>90</sub> (mcg/mL)	MIC Range (mcg/mL)
Staph. aureus	n=200* n=35**	0.06 0.125	0.06 - 8 <0.06 - 0.125
Coag. Neg. Staph.	n=230* n=318**	0.25 16	0.06 - 4 <0.06 - 32
Strep. pneumoniae	n=160* n=15**	32 16	4 - 64 16
Strep. viridans	n=90**	2	2 - 8
Haemophilus influenzae	n=500**	8	2 - 32
Moraxella catarrhalis	n=30* n=3**	<2 8	<2 0.25 - 8
Corynebacterium sp.	n=90* n=21**	<2 16	<2 0.25 - >128
Enterobacteriaceae	n=18* n=4*	>128 >128	>128 128 - >128
Pseudomonas sp.	n=8**	>128	>128

\* 1991 Canadian Clinical Survey (Data on file, LEO Pharma Inc.)

\*\* Clinical trial FUM 9402 CAN (Data on file, LEO Pharma Inc.)

### **Resistance to Fusidic Acid**

During more than 30 years of therapeutic use of fusidic acid, resistance by *Staph. aureus* has remained extremely low (<2%). An ongoing Canadian program has monitored resistance of clinical isolates of *Staph. aureus* to fusidic acid since 1986. As of 1994, over 12,500 strains of *Staph. aureus* have been tested with an overall resistance rate of 1.47%. The annual resistance rate has never exceeded 2%, indicating the stability of the anti-staphylococcal activity of fusidic acid.

**Resistance In Vivo:** Although resistance to fusidic acid has been rapidly induced in vitro, resistant strains have only occasionally been observed in the clinical setting. In one study, only 3 out of 1025 naturally occurring strains of *Staphylococcus aureus* were found to be resistant to fusidic acid. In

another study, only 10 out of 2700 clinical isolates of *Staphylococcus* showed resistance to fusidic acid and all 10 strains were coagulase positive *Staphylococci*. The degree of resistance exhibited by these strains was comparable to the resistance shown by various mutants *in vitro*.

Two mechanisms explain emergence of resistance to fusidic acid in *Staph. aureus* strains. The first one is chromosomal mutation. All populations of *Staph. aureus* produce resistant variants by chromosomal mutation at a frequency of 1 in  $10^6$  to  $10^7$ . This type of resistance is readily detected *in vitro*, and is due to a modification of elongation factor G, the target at which fusidic acid inhibits bacterial protein synthesis. Such variants appear to be defective in that they grow more slowly than the parent strain, have a lower pathogenicity and subsequently revert to full sensitivity in the absence of fusidic acid. This type of mutation occurs at a high rate *in vitro*, but emergence of resistance in the clinical setting occurs less readily than is indicated by this observation. The second mechanism is plasmid-mediated resistance. These strains have been shown to be distinct from the chromosomal variants, as they do not have a modification of elongation factor G. Protein synthesis of cell free extracts is still inhibited by fusidic acid and there is no evidence of enzyme-mediated inactivation of fusidic acid. However, it has been suggested that there may be a permeability barrier at the cell surface, which reduces entry of the antibiotic. This theory is supported by the fact that they grow normally and are pathogenic. However, some plasmids that confer resistance to fusidic acid are unstable, which may make them inefficient at transmitting resistance.

## 17. NON-CLINICAL TOXICOLOGY

### Acute Toxicity

The following table 4 summarizes the acute toxicity data obtained for mice, rats and pups

**Table 4; Summary of Acute Toxicity data obtained for mice, rats and pups**

<b>Drug Substance</b>	<b>Species</b>	<b>Route of Administration</b>	<b>LD<sub>50</sub> (mg/kg b.w.)</b>
Na Fusidate	Mice	Oral	860
		Intravenous	180
	Rats	Oral	3000
		Intravenous	140
Fusidic Acid	Mice	Oral	5400
		Intraperitoneal	355
	Rats - Adults	Oral	2263
		Oral	443

The signs and symptoms of toxicity of fusidic acid and its salts in mice were decreased activity, ataxia, staggering, tremors, convulsions and increased respiratory rate in a few cases; in rats, the only symptoms preceding death were decreased activity, slight salivation and in some cases coma and increased respiration.

**Dogs:** Sodium fusidate was administered as a 10% solution by stomach tube to 2 fasted dogs in single doses of 250 and 500 mg/kg, respectively. Two other fasted dogs received the drug in the form of gelatin capsules in doses of 500 and 1500 mg/kg, respectively. No effects were noted in the dog receiving 500 mg/kg by capsules. The remaining 3 dogs vomited within 8 to 60 minutes; the dog given 1500 mg/kg was lethargic for 12 hours but no other effects were observed during a 7 day observation period. A dose-dependent increase in BSP retention times was observed.

### Subacute Toxicity

**Rats:** Sodium fusidate was administered in the diet of 2 groups composed of 5 male and 5 female rats at doses of 0 or 270 mg/kg/day for 4 weeks. A similar group received 500 mg/kg/day for 1 week and subsequently 1200 mg/kg/day for 3 weeks. None of the animals died during testing and no significant lesions attributable to the drug were found. Except for a slight to moderate weight retardation in males in the high dose group, the average rates of growth of the treated animals were comparable to those of the controls.

In a more recent study, sodium fusidate was administered intravenously for 2 weeks to 2 groups of

rats composed of 10 males and 10 females in a dose of 21.5 mg/kg per day diluted with saline to a concentration of 2.15 mg/mL. There were no mortalities and no changes in appearance or behaviour in any of the animals. No toxic or other adverse effects attributable to the drug were seen.

Dogs: Sodium fusidate was administered in the diet of 3 groups of 2 dogs each. One group served as the control; another group was dosed at 110 mg/kg/day for 4 weeks and the third group at 250 mg/kg/day for 1 week followed by 470 mg/kg/day for the next 3 weeks. None of the dogs showed any significant gross or micropathological alterations which were considered to be drug related.

During the second and third weeks the 2 dogs on the low dose showed reduction in appetite which was apparently due to poor palatability of the drug. One of the 2 dogs showed a slight weight loss. In the high dose group reductions in appetite limited drug intake to an average of 470 mg/kg/day. Both these animals had small weight losses, probably associated with reduced food intake.

Sodium fusidate was also administered intravenously to 2 male and 2 female dogs for 2 weeks at a dose of 21.5 mg/kg per day given in two equal doses of 62.5 mL each. Apart from local swelling at the site of catheterization, no changes were seen which were considered to be related to the administration of the sodium fusidate compound by gross or histopathological examination.

In a further study, 2 male dogs received daily, for 2 weeks, 2 infusions of 10.75 mg/kg of sodium fusidate in a volume of 62.5 mL administered by slow infusion over a period of 90 minutes. The infusion of sodium fusidate provoked a local intolerance manifested by a reddening and swelling at the site of cannulation. At the histological level, a venous intolerance reaction was noted.

### **Chronic Toxicity**

Rats: Sodium fusidate was administered in the diet to 4 groups of 40 rats at doses of 0, 200, 420 or 840 mg/kg daily for 34 weeks. High dose females and to a lesser degree, high dose males showed a small retardation of weight gain. Slight neutrophilia was also noted in both high dose males and females. Ten of the 14 high dose males showed mild fatty metamorphosis of the liver without significant cytopathological change.

In another study, rats received sodium fusidate administration orally at a dose of 200 mg/kg/day for 24 weeks. No influence on growth or hematology and no other toxic effects were observed.

In a third study, fusidic acid was administered orally to a group of 25 male and 25 female rats at a dose of 400 mg/kg/day, 6 days a week for 5 months. No hematological changes or other toxic effects were noted.

Guinea Pigs: No toxic effects were seen when sodium fusidate was administered orally to guinea pigs at doses of 80 mg/kg/day for 50 days.

Dogs: Sodium fusidate was included in the diet of 4 groups of 5 dogs in amounts to result in doses of 0, 90, 190 or 300 mg/kg for 26 weeks. Significant changes observed were: 1) weight

loss with significantly reduced appetite in one animal on the high dose; however, all other test animals maintained or gained weight comparable to the control group in spite of slightly reduced food intake ascribed by the investigator to poor palatability; 2) one dog on the high dose showed definite increases in plasma bilirubin and BSP; one dog on the intermediate dose showed slight to moderate increases in BSP, SGPT and alkaline phosphatase; one dog on the low dose showed a moderate increase in alkaline phosphatase and a slight increase in plasma bilirubin.

In another study, post mortem examination revealed mild to moderate liver cell damage in one high dose dog (400 mg/kg/day) at 26 weeks but the other animals showed no morphological changes with this dose attributable to the drug.

### **Fertility and Reproduction Studies**

Two groups, each comprised of 20 males and 20 female rats, received either 0 or 400 mg/kg sodium fusidate per day for 2 weeks before mating to weaning. Caesarian sections were performed on half the dams on the 20th day; the remainder were allowed to deliver naturally.

There were no significant differences between the treated and control dams with respect to per cent resorptions, the condition of the uteri or the number and weights of the pups. No soft tissue abnormalities were found in the pups of either group but skeletal anomalies (control group 2 pups missing ribs and dosed group 1 pup occipital bone formation incomplete and 1 pup rib deformities) appeared in 4% of the pups in both groups. These rates were similar to that seen in the control group. The viability and lactation indices, reflecting neonatal development, were higher in the treated group than the control group but all values were within normal limits.

### **Teratology Studies**

Mice: Pregnant mice were divided into 3 groups of 16-19 animals each and given daily doses of 20, 100 and 200 mg/kg sodium fusidate by gavage from the 6th to 15th day of gestation. Another group of 23 pregnant mice, serving as controls, received just water by gavage. On the 18th day of pregnancy, half the dams were sacrificed. The remainder were allowed to go to term.

Sex distribution of fetuses and young, fetal weight, birth weight and weight increase were normal and similar for all groups. The mean incidence of resorption was 1.2, 1, 0.5 and 0.6 per dam for the 20, 100 and 200 mg/kg groups and control group, respectively. Average litter size in the treated group did not differ significantly from that of the controls of any of the groups.

Rats: Pregnant rats were divided into 3 groups of 29-31 animals each and given daily doses of 20, 100 or 200 mg/kg sodium fusidate by gavage from the 3rd to the 15th day of gestation. Another group of 59 pregnant rats, serving as controls, received just water by gavage. On the 21st day of pregnancy, half the dams were sacrificed. The remaining dams were allowed to go to term.

Litter size and sex distribution of the fetuses and young of the dosed animals were comparable to the controls with no dose-related differences. Birth weights and weight gain over a 4-month period were comparable for all groups. No fetal deformities were observed in any group.



Rabbits: Eighteen pregnant rabbits were treated orally with 125 mg sodium fusidate in tablet form once per day from the 6th to the 18th day of pregnancy. Eleven pregnant animals, serving as controls, received a placebo tablet each day. On the 30th day of pregnancy 9 treated animals and 3 controls were sacrificed. The remaining animals were allowed to go to term.

Sex distribution of fetuses and young, fetal and birth weights and weight gain were normal and similar for both groups. Three dead fetuses were found in each of 2 treated animals and in 1 control animal. Average litter size was lower in the treated group (4.8 young per litter) than in the control group (7.6 young per litter). Macroscopic examinations of the young failed to reveal any teratogenic or other abnormalities.

### **Clastogenicity Studies**

Sodium fusidate was evaluated using a micronucleus test in mouse bone marrow. The micronucleus test is a mammalian in vivo test to detect damage to chromosomes or to mitotic apparatus induced by chemicals. Fasting mice (10 male and 10 female per group) were treated orally at doses of 0, 250, and 500 mg/kg sodium fusidate in a dosing volume of 10 mL/kg. The animals were sacrificed 24 and 48 hours after dosing and bone marrow samples obtained. Smears were prepared from the bone marrow for microscopic examination of cell morphology and staining characteristics. There was no difference between the sodium fusidate treated groups and the negative control group with respect to the incidence of micronucleated polychromatic or normochromatic erythrocytes. It was concluded that sodium fusidate showed no evidence of clastogenic potential.

### **Eye Tolerance Studies**

Ocular tissue irritation was evaluated in New Zealand White rabbits (n=6) during 5 days of FUCITHALMIC administration (2 drops twice daily) to the right eye. There was no difference in redness or swelling between the treated side and the untreated control side.

In male Chinchilla rabbits (n=6), the irritant effect of FUCITHALMIC (1 drop twice daily for 6 week on the cornea, iris and conjunctiva was assessed. Daily clinical evaluation and ophthalmoscopic examination showed no abnormalities in the FUCITHALMIC treated right eyes as compared to the vehicle treated left eyes. Histopathological examination at the end of treatment was comparable between treatment groups. Minimal focal subepithelial lymphoid hyperplasia of the conjunctiva and minimal focal superficial chronic keratitis was observed in both treatment groups. There was no difference in irritation due to FUCITHALMIC versus vehicle control.

The allergic potential of FUCITHALMIC was assessed in guinea pigs. None of the animals (10 FUCITHALMIC treated and 10 controls) were sensitized and therefore FUCITHALMIC was classified as a weak potential allergen.

## **READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE**

### **PATIENT MEDICATION INFORMATION**

#### **FUCITHALMIC**

#### **fusidic acid- Multi Dose Tube viscous eye drops**

Read this carefully before you start taking FUCITHALMIC and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about FUCITHALMIC.

#### **What is FUCITHALMIC used for?**

FUCITHALMIC is used in adults and children (2 years of age and older) to treat eye infections.

Antibacterial drugs like FUCITHALMIC treat only bacterial infections. They do not treat viral infections. Although you may feel better early in treatment, FUCITHALMIC should be used exactly as directed. Misuse or overuse of FUCITHALMIC could lead to the growth of bacteria that will not be killed by FUCITHALMIC (resistance). This means that FUCITHALMIC may not work for you in the future. Do not share your medicine.

#### **How does FUCITHALMIC work?**

FUCITHALMIC is a topical antibiotic for the eye. FUCITHALMIC works by killing or stopping the growth of bacteria which cause infections.

#### **What are the ingredients in FUCITHALMIC?**

Medicinal ingredient: fusidic acid

Non-medicinal ingredients: benzalkonium chloride (preservative), carbomer, disodium edetate, mannitol, sodium hydroxide, water

#### **FUCITHALMIC comes in the following dosage forms:**

Viscous eye drops; 1 %

#### **Do not use FUCITHALMIC if:**

- you are allergic to fusidic acid or any of the other ingredients in FUCITHALMIC including the preservative benzalkonium chloride.

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take FUCITHALMIC. Talk about any health conditions or problems you may have, including if:**

- your eye infection gets worse during treatment or if there are no signs of improvement.
- you are pregnant or if you become pregnant during treatment with FUCITHALMIC.
- you are breastfeeding or planning to breastfeed. FUCITHALMIC can pass into your breastmilk.

**Other warnings you should know about:**

- Do not wear contact lenses (hard or soft) when using FUCITHALMIC. Wearing contact lenses when you have an eye infection could be harmful to your eyes. In addition, the preservative in FUCITHALMIC may damage your contact lenses.
- Stop using FUCITHALMIC and contact your healthcare professional if you have any type of skin irritation (other than stinging when putting FUCITHALMIC in your eyes) or reaction.

Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

**How to take FUCITHALMIC:**

- FUCITHALMIC is for use in the eyes only.
- Always use FUCITHALMIC exactly as your healthcare professional has told you.
- Although your infection may start to get better after 3 to 5 days of treatment, it is important that you continue to use FUCITHALMIC for the entire time recommended by your healthcare professional.
- If your infection is not better after 7 days contact your healthcare professional.
- Misuse or overuse of FUCITHALMIC could lead to the growth of bacteria that will not be killed by FUCITHALMIC. This means that FUCITHALMIC may not work for you in the future.

**Usual dose:**

- Apply one drop of FUCITHALMIC to both eyes twice daily for the entire time period recommended by your healthcare professional (usually 7 days).
- Even though you may only have an infection in one eye, your healthcare professional may ask you to treat both eyes to prevent spread of the infection.

### How to use FUCITHALMIC:



- Wash your hands. Remove the cap from the tube.
- Stand or sit comfortably and tilt your head backwards. Hold the tube above your eye.

- Gently pull down your lower eyelid and squeeze one drop from the tube into your lower eyelid as shown in the picture. You may find a mirror useful when using FUCITHALMIC.
- Be careful not to touch the tip of the tube to your eye or any other surface, to avoid contamination.
- FUCITHALMIC comes out of the tube as a single viscous drop, which quickly turns to liquid in your eye.
- If the drops are for children, you may put the drops in their eyes when they are lying down or asleep.

### Overdose:

If you think you have used too much FUCITHALMIC, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

### Missed Dose:

If you forget to use FUCITHALMIC at the right time, use it as soon as you remember. Then continue with the next dose at the regular time.

### What are possible side effects from using FUCITHALMIC?

These are not all the possible side effects you may feel when taking FUCITHALMIC. If you experience any side effects not listed here, contact your healthcare professional.

Side effects may include:

- stinging, irritation or burning of the eyes
- watery eyes, tearing
- eye pain
- swelling of the eyelid, eyelid stickiness
- temporary blurring of vision after using the drops
- headache
- worsening of the eye infection

<b>Serious side effects and what to do about them</b>			
Symptom / effect	Talk to your healthcare professional		Stop taking drug and get immediate medical help
	Only if severe	In all cases	
<b>RARE</b> <b>Allergic reaction:</b> rash, hives, swelling of the face, lips, tongue or throat, difficulty swallowing or breathing			√

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs--health-products/medeffect-canada/adverse-reaction-reporting.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

- Store FUCITHALMIC at 2-25°C.
- Keep this and all medications out of reach and sight of children.
- FUCITHALMIC should be discarded 28 days after it is first opened.

### **If you want more information about FUCITHALMIC:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the [Health Canada website](https://www.canada.ca/en/health-canada.html), <https://www.canada.ca/en/health-canada.html>; the manufacturer's website, <https://methapharm.com/products/> or by calling 1-800-287-7686 (Ext. 7804)

This leaflet was prepared by Amdipharm Limited

Last Revised: October 29, 2019.